



ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH “WE CARE” PACKAGES

Below is a list of items that we need on a regular basis to fill our packages. This is not a complete list and items are deleted and added based on need and requests from our recipients.

We appreciate all the items that we receive; however, we cannot ship alcohol, aerosol cans, tobacco, lewd/pornographic materials or pork products. We do not accept hotel toiletries or expired and/or used items.

Toiletries/Hygiene

(prefer travel size)

Baby Wipes	Baby/Foot Powder
Bar Soap	Dental Floss
Disposable Razors	Hand Sanitizer
Lip Balm/Chapstick	Mouthwash
Q-tips	Tampons
Tissues	Toothbrushes
Toothpaste	
Shave Cream Packets	

Food Items

Crackers	Trail Mix
Foil Tuna Packs	Hot Chocolate
Individual Packages	Nuts/Dried Fruit
Individual Packed Drink Mixes	
Individual Instant Coffee	
Oatmeal/Grits Packages	
Ramen Noodles	
Snack/Breakfast Bars	
Microwavable Ravioli & Mac & Cheese	

Additional Items

Insect Repellent Wipes
Gallon Size Storage Bags
Snack Size Storage Bags
Scotch Tape (Refills)

Revised 04/25/2018